

## Sugar Changed The World A Story Of Magic Spice Slavery Freedom And Science Marc Aronson

Ten-year-old Sugar lives on the River Road sugar plantation along the banks of the Mississippi. Slavery is over, but laboring in the fields all day doesn't make her feel very free. Thankfully, Sugar has a knack for finding her own fun, especially when she joins forces with forbidden friend Billy, the white plantation owner's son. Sugar has always yearned to learn more about the world, and she sees her chance when Chinese workers are brought in to help harvest the cane. The older River Road folks feel threatened, but Sugar is fascinated. As she befriends young Beau and elder Master Liu, they introduce her to the traditions of their culture, and she, in turn, shares the ways of plantation life. Sugar soon realizes that she must be the one to bridge the cultural gap and bring the community together. Here is a story of unlikely friendships and how they can change our lives forever. From Jewell Parker Rhodes, the author of *Ninth Ward* (a Coretta Scott King Honor Book and a Today show AI's Book Club for Kids pick), here's another tale of a strong, spirited young girl who rises beyond her circumstances and inspires others to work toward a brighter future.

Examines the lives and careers of -Robert Capa and Gerda Taro, [who] were young Jewish refugees, idealistic and in love. As photographers in the 1930s, they set off to capture their generation's most important struggle--the fight against fascism. Among the first to depict modern warfare, Capa, Taro, and their friend Chim took powerful photographs of the Spanish Civil War that went straight from the action to news magazines---Amazon.com.

Russell Menard argues that the emergence of black slavery in Barbados preceded the rise of sugar. He shows that Barbados was well on its way to becoming a plantation colony and a slave society before sugar emerged as the dominant crop. He sheds light on the origins of the integrated plantation, gang labour, and slave economy.

The great Victorian biologist Thomas Huxley once wrote, "I know of no familiar substance forming part of our every-day knowledge and experience, the examination of which, with a little care, tends to open up such very considerable issues as does yeast." Huxley was right. Beneath the very foundations of human civilization lies yeast--also known as the sugar fungus. Yeast is responsible for fermenting our alcohol and providing us with bread--the very staples of life. Moreover, it has proven instrumental in helping cell biologists and geneticists understand how living things work, manufacturing life-saving drugs, and producing biofuels that could help save the planet from global warming. In *The Rise of Yeast*, Nicholas P. Money--author of *Mushroom* and *The Amoeba in the Room*--argues that we cannot ascribe too much importance to yeast, and that its discovery and controlled use profoundly altered human history. Humans knew what yeast did long before they knew what it was. It was not until Louis Pasteur's

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experiments in the 1860s that scientists even acknowledged its classification as a fungus. A compelling blend of science, history, and sociology *The Rise of Yeast* explores the rich, strange, and utterly symbiotic relationship between people and yeast, a stunning and immensely readable account that takes us back to the roots of human history.

How the Sugar Fungus Shaped Civilization

Burnt Sugar

The Case Against Sugar

Ask Me No Questions

A Global History

The Place of Sugar in Modern History

*With the help of text based on primary sources, full-color artwork, custom maps, and time lines, a detailed account of the charting of the New World outlines the causes and consequences of this defining age of exploration.*

*First published by UNC Press in 1972, Sugar and Slaves presents a vivid portrait of English life in the Caribbean more than three centuries ago. Using a host of contemporary primary sources, Richard Dunn traces the development of plantation slave society in the region. He examines sugar production techniques, the vicious character of the slave trade, the problems of adapting English ways to the tropics, and the appalling mortality rates for both blacks and whites that made these colonies the richest, but in human terms the least successful, in English America.*

*"A masterly analysis of the Caribbean plantation slave society, its lifestyles, ethnic relations, afflictions, and peculiarities.--Journal of Modern History "A remarkable account of the rise of the planter class in the West Indies. . . . Dunn's [work] is rich social history, based on factual data brought to life by his use of contemporary narrative accounts.--New York Review of Books "A study of major importance. . . . Dunn not only provides the most solid and precise account ever written of the social development of the British West Indies down to 1713, he also challenges some traditional historical cliches.--American Historical Review*

*"You forget. You forget you don't really exist here, that this isn't your home." Since emigrating from Bangladesh, fourteen-year-old Nadira and her family have been living in New York City on expired visas, hoping to realize their dream of becoming legal U.S. citizens. But after 9/11, everything changes. Suddenly being Muslim means you are dangerous -- a suspected terrorist. When Nadira's father is arrested and detained at the U.S.-Canadian border, Nadira and her older sister, Aisha, are told to carry on as if everything is the same. The teachers at Flushing High don't ask any questions, but Aisha falls apart. Nothing matters to her anymore -- not even college. It's up to Nadira to be the strong one and bring her family back together again.*

*A history of sugar consumption and the role of sugar in everyday American life chronicles the stories of major natural sweeteners from molasses and corn syrup to honey and maple as well as major artificial sweeteners, placing sugar in a context of diet, science and politics.*

*The World Made New*

*Find Layla*

*Robert Capa, Gerda Taro, and the Invention of Modern Photojournalism*

*That Sugar Book*

*The Grass that Changed the World*

*A Sugar Creek Chronicle*

Every year, 6 million companies and more than 100,000 products are launched. They all need an awesome name, but many (such as Xobni, Svbtle, and Doostang) look like the results of a drunken Scrabble game. In this entertaining and engaging book, ace naming consultant Alexandra Watkins explains how anyone—even noncreative types—can create memorable and

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buzz-worthy brand names. No degree in linguistics required. The heart of the book is Watkins's proven SMILE and SCRATCH Test—two acronyms for what makes or breaks a name. She also provides up-to-date advice, like how to make sure that Siri spells your name correctly and how to nab an available domain name. And you'll see dozens of examples—the good, the bad, and the “so bad she gave them an award.” Alexandra Watkins is not afraid to name names.

Seven tales of fantasy and fun "are told with the special wit, the unexpected twists that have made Roald Dahl's short stories and children's books so popular with readers of all ages". --"Book-of-the-Month Club News".

This blistering novel—from the bestselling, Pulitzer Prize–winning author of *The Road*—returns to the Texas-Mexico border, setting of the famed Border Trilogy. The time is our own, when rustlers have given way to drug-runners and small towns have become free-fire zones. One day, a good old boy named Llewellyn Moss finds a pickup truck surrounded by a bodyguard of dead men. A load of heroin and two million dollars in cash are still in the back. When Moss takes the money, he sets off a chain reaction of catastrophic violence that not even the law—in the person of aging, disillusioned Sheriff Bell—can contain. As Moss tries to evade his pursuers—in particular a mysterious mastermind who flips coins for human lives—McCarthy simultaneously strips down the American crime novel and broadens its concerns to encompass themes as ancient as the Bible and as bloodily contemporary as this morning's headlines. *No Country for Old Men* is a triumph.

A fascinating persuasive history of how sugar has shaped the world, from European colonies to our modern diets In this eye-opening study, Sidney Mintz shows how Europeans and Americans transformed sugar from a rare foreign luxury to a commonplace necessity of modern life, and how it changed the history of capitalism and industry. He discusses the production and consumption of sugar, and reveals how closely interwoven are sugar's origins as a "slave" crop grown in Europe's tropical colonies with its use first as an extravagant luxury for the aristocracy, then as a staple of the diet of the new industrial proletariat. Finally, he considers how sugar has altered work patterns, eating habits, and our diet in modern times. "Like sugar, Mintz is persuasive, and his detailed history is a real treat." -San Francisco Chronicle

Sweetness and Power

This book will change the way you think about 'healthy' food

Sweet Stuff

The Rise of the Planter Class in the English West Indies, 1624-1713

Hello, My Name Is Awesome

Sugar: The World Corrupted: From Slavery to Obesity

From the best-selling author of *Why We Get Fat*, a groundbreaking, eye-opening exposé that makes the convincing case that sugar is the tobacco of the new millennium: backed by powerful lobbies, entrenched in our lives, and making us very sick. Among Americans, diabetes is more prevalent today than ever; obesity is at epidemic proportions; nearly 10% of children are thought to have nonalcoholic fatty liver disease. And sugar is at the root of these, and other, critical society-wide, health-related problems. With his signature command of both science and straight talk, Gary Taubes delves into Americans' history with sugar: its uses as a preservative, as an additive in cigarettes, the contemporary overuse of high-fructose corn syrup. He explains what research has shown about our addiction to sweets. He clarifies the arguments against sugar, corrects misconceptions about the relationship between sugar and weight loss; and provides the perspective necessary to make informed decisions about sugar as individuals and as a society.

Twelve-year-old twins Nick and Eryn and their robot stepsiblings, Jackson and Ava, try to

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save humanity from killer robots.

Shortlisted for the 2020 Booker Prize, a searing literary debut novel set in India about mothers and daughters, obsession and betrayal "I would be lying if I say my mother's misery has never given me pleasure," says Antara, Tara's now-adult daughter. This is a love story and a story about betrayal—not between lovers but between a mother and a daughter. . . . In her youth, Tara was wild. She abandoned her arranged marriage to join an ashram, embarked on a stint as a beggar (mostly to spite her affluent parents), and spent years chasing a disheveled, homeless "artist," all with little Antara in tow. But now Tara is forgetting things, and Antara is an adult—an artist and married—and must search for a way to make peace with a past that haunts her as she confronts the task of caring for a woman who never cared for her. Sharp as a blade and laced with caustic wit, *Burnt Sugar* unpicks the slippery, choking cord of memory and myth that binds mother and daughter: Is Tara's memory loss real? Are Antara's memories fair? In vivid and visceral prose, Avni Doshi tells a story at once shocking and empathetic of a mother-daughter relationship and a daughter's search for self. A journey into shifting memories, altering identities, and the subjective nature of truth, *Burnt Sugar* is the stunning and unforgettable debut of a major new voice in contemporary fiction.

The inspiration for the acclaimed OWN TV series produced by Oprah Winfrey and Ava DuVernay "Queen Sugar is a page-turning, heart-breaking novel of the new south, where the past is never truly past, but the future is a hot, bright promise. This is a story of family and the healing power of our connections—to each other, and to the rich land beneath our feet." —Tayari Jones, author of *An American Marriage* Readers, booksellers, and critics alike are embracing *Queen Sugar* and cheering for its heroine, Charley Bordelon, an African American woman and single mother struggling to build a new life amid the complexities of the contemporary South. When Charley unexpectedly inherits eight hundred acres of sugarcane land, she and her eleven-year-old daughter say goodbye to smoggy Los Angeles and head to Louisiana. She soon learns, however, that cane farming is always going to be a white man's business. As the sweltering summer unfolds, Charley struggles to balance the overwhelming challenges of a farm in decline with the demands of family and the startling desires of her own heart.

In Over Their Heads

Watched

Family, Corruption, Empire, and War in the West Indies

Sir Walter Raleigh and the Quest for El Dorado

Observing Climate Change from a Midwestern Woodland

Martinique and the World-Economy, 1830-1848

***When this award-winning husband-and-wife team discovered that they each had sugar in their family history, they were inspired to trace the globe-spanning story of the sweet substance and to seek out the voices of those who led bitter sugar lives. The trail ran like a bright band from religious ceremonies in India to Europe's Middle Ages, then on to Columbus, who brought the first cane cuttings to the Americas. Sugar was the substance that drove the bloody slave trade and caused the loss of countless lives but it also planted the seeds of revolution that led to freedom in the American colonies, Haiti, and France. With songs, oral histories, maps, and over 80 archival illustrations, here is the story of how one product allows us to see the grand currents of world history in new ways. Time line, source notes, bibliography, index.***

***From a Pulitzer Prize-winning investigative reporter at The New York Times comes the troubling story of the rise of the processed food industry -- and how it***

***used salt, sugar, and fat to addict us. Salt Sugar Fat is a journey into the highly secretive world of the processed food giants, and the story of how they have deployed these three essential ingredients, over the past five decades, to dominate the North American diet. This is an eye-opening book that demonstrates how the makers of these foods have chosen, time and again, to double down on their efforts to increase consumption and profits, gambling that consumers and regulators would never figure them out. With meticulous original reporting, access to confidential files and memos, and numerous sources from deep inside the industry, it shows how these companies have pushed ahead, despite their own misgivings (never aired publicly). Salt Sugar Fat is the story of how we got here, and it will hold the food giants accountable for the social costs that keep climbing even as some of the industry's own say, "Enough already." A neglected girl's chaotic coming-of-age becomes a trending new hashtag in a novel about growing up and getting away by an award-winning author. Underprivileged and keenly self-aware, SoCal fourteen-year-old Layla Bailey isn't used to being noticed. Except by mean girls who tweet about her ragged appearance. All she wants to do is indulge in her love of science, protect her vulnerable younger brother, and steer clear of her unstable mother. Then a school competition calls for a biome. Layla chooses her own home, a hostile ecosystem of indoor fungi and secret shame. With a borrowed video camera, she captures it all. The mushrooms growing in her brother's dresser. The black mold blooming up the apartment walls. The unmentionable things living in the dead fridge. All the inevitable exotic toxins that are Layla's life. Then the video goes viral. When Child Protective Services comes to call, Layla loses her family and her home. Defiant, she must face her bullies and friends alike, on her own. Unafraid at last of being seen, Layla accepts the mortifying reality of visibility. Now she has to figure out how to stay whole and stand behind the truth she has shown the world.***

***The author describes her quest to interview the sons and daughters of slaves, and presents a picture of African-American life in the post-Civil War world that describes how their beliefs, attitudes, and actions paved the way for the civil rights movement.***

***Spice and Little Sugar***

***Eyes of the World***

***Sugar of the Crop***

***Slavery in the Circuit of Sugar, Second Edition***

***No Country for Old Men***

***How the Food Giants Hooked Us***

***When an award-winning husband-and-wife team discovered that they each had sugar in their family histories, they were inspired to trace the panoramic story of the sweet substance and its important role in shaping world history. Includes songs, oral histories, maps, a timeline, source notes and over 80 archival illustrations.***

***Recounts the adventurous life of the English explorer and courtier who spelled his name "Raleigh" and led many expeditions to the New World. The modern successor to Sweetness and Power, James Walvin's Sugar is a rich and engaging work on a topic that continues to change our world.***

**How did a simple commodity, once the prized monopoly of kings and princes, become an essential ingredient in the lives of millions, before mutating yet again into the cause of a global health epidemic? Prior to 1600, sugar was a costly luxury, the domain of the rich. But with the rise of the sugar colonies in the New World over the following century, sugar became cheap, ubiquitous and an everyday necessity. Less than fifty years ago, few people suggested that sugar posed a global health problem. And yet today, sugar is regularly denounced as a dangerous addiction, on a par with tobacco. While sugar consumption remains higher than ever—in some countries as high as 100lbs per head per year—some advertisements even proudly proclaim that their product contains no sugar. How did sugar grow from prize to pariah? Acclaimed historian James Walvin looks at the history of our collective sweet tooth, beginning with the sugar grown by enslaved people who had been uprooted and shipped vast distances to undertake the grueling labor on plantations. The combination of sugar and slavery would transform the tastes of the Western world. Masterfully insightful and probing, James Walvin reveals the relationship between society and sweetness over the past two centuries—and how it explains our conflicted relationship with sugar today.**

**'Hi, my name is Davina, and I'm a sugar addict . . .' Davina McCall loves a challenge. And giving up sugar has been one of her toughest yet. In this beautiful cookbook, Davina shares her favourite super-healthy recipes that have helped her kick the sugar habit and cut out junk food for good. These recipes: \*are easy to make but taste amazing \*contain the foods that help you look and feel great \*have no long lists of scary, hard-to-find ingredients This is real food for real life! 5 WEEKS TO SUGAR-FREE also includes a 5 week meal planner that works towards curbing sweet cravings and cutting out all processed foods. Davina is no guru, she's one of us, so her plan also includes pudding recipes that help the most sweet-toothed chocoholic kick the added sugar habit. Simple, delicious and brimming with flavour, these recipes take the faff out of sugar-free! Yummy, easy recipes to help you kick sugar and feel amazing**

**My Journey to Find the Children of Slaves**

**Four Streets and a Square: A History of Manhattan and the New York Idea**  
**Salt Sugar Fat**

**The Rise of Yeast**

**The Rise and Fall of the Plantation Complex**

**Over a period of several centuries, Europeans developed an intricate system of plantation agriculture overseas that was quite different from the agricultural system used at home. Though the plantation complex centered on the American tropics, its influence was much wider. Much more than an economic order for the Americas, the plantation complex had an important place in world history. These essays concentrate on the intercontinental impact.**

**Traces the rise and fall of Caribbean sugar dynasties, discussing the Britain's dependence on colony wealth, the**

role of slavery in sugar plantation culture, and the North American colonial opposition to sugar policy in London. In 2010, while editing a report on the effects of climate change in Iowa, ecologist Cornelia Mutel came to grips with the magnitude and urgency of the problem. She already knew the basics: greenhouse gas emissions and global average temperatures are rising on a trajectory that could, within decades, propel us beyond far-reaching, irreversible atmospheric changes; the results could devastate the environment that enables humans to thrive. The more details she learned, the more she felt compelled to address this emerging crisis. The result is this book, an artful weaving together of the science behind rising temperatures, tumultuous weather events, and a lifetime devoted to the natural world. Climate change isn't just about melting Arctic ice and starving polar bears. It's weakening the web of life in our own backyards. Moving between two timelines, Mutel pairs chapters about a single year in her Iowa woodland with chapters about her life as a fledgling and then professional student of nature. Stories of her childhood ramblings in Wisconsin and the solace she found in the Colorado mountains during early adulthood are merged with accounts of global environmental dilemmas that have redefined nature during her lifespan. Interwoven chapters bring us into her woodland home to watch nature's cycles of life during a single year, 2012, when weather records were broken time and time again. Throughout, in a straightforward manner for a concerned general audience, Mutel integrates information about the science of climate change and its dramatic alteration of the planet in ways that clarify its broad reach, profound impact, and seemingly relentless pace. It is not too late, she informs us: we can still prevent the most catastrophic changes. We can preserve a world full of biodiversity, one that supports human lives as well as those of our myriad companions on this planet. In the end, Mutel offers advice about steps we can all take to curb our own carbon emissions and strategies we can suggest to our policy-makers.

It's no surprise that sugar has been on our minds for millennia. First cultivated in New Guinea around 8,000 B.C.E., this addictive sweetener has since come to dominate our appetites—whether in candy, desserts, soft drinks, or

even pasta sauces—for better and for worse. In this book, Andrew F. Smith offers a fascinating history of this simultaneously beloved and reviled ingredient, holding its incredible value as a global commodity up against its darker legacies of slavery and widespread obesity. As Smith demonstrates, sugar's past is chockfull of determined adventurers: relentless sugar barons and plantation owners who worked alongside plant breeders, food processors, distributors, and politicians to build a business based on our cravings. Exploring both the sugarcane and sugar beet industries, he tells story after story of those who have made fortunes and those who have met demise all because of sugar's simple but profound hold on our palates. Delightful and surprisingly action-packed, this book offers a layered and definitive tale of sugar and the many people who have been caught in its spell—from barons to slaves, from chefs to the countless among us born with that insatiable devil, the sweet tooth.

**The Wonderful Story of Henry Sugar and Six More**

**Queen Sugar**

**Salt, Fat and Sugar Reduction**

**The World Sugar Market**

**Essays in Atlantic History**

**A Family's Story of Slavery and Empire**

Over the past decade the sugar industry's key economic and policy drivers have created a new regional distribution of sugar production that has had an enormous impact on the price finding process as well as changing the type of sugar on offer to the world market. Brazil has become a dominant supplier while Cuba's production has collapsed to the pre-World War One level. Russia has become the world's greatest importer and structural surpluses have seen stocks rise to historic highs and the world price fall to a level below the production costs of some of the most competitive exporters. The world sugar market focuses on these changes by identifying, describing and assessing the key industry drivers and their future potential impact on the market. Part one provides an overview - covering the history of sugar production and consumption, cultivation of beet and cane and the current state of the market for sugar and alternative sweeteners. Part two focuses on identifying, describing and assessing the key market drivers, both economic and political, on sugar demand. Part three is

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devoted to a similar analysis of sugar supply, while part four covers the future for the sugar markets.

**Salt, Fat and Sugar Reduction: Sensory Approaches for Nutritional Reformulation of Foods and Beverages** explores salt, sugar, fat and the current scientific findings that link them to diseases. The sensory techniques that can be used for developing consumer appealing nutritional optimized products are also discussed, as are other aspects of shelf life and physicochemical analysis, consumer awareness of the negative nutritional impact of these ingredients, and taxes and other factors that are drivers for nutritional optimization. This book is ideal for undergraduate and postgraduate students and academics, food scientists, food and nutrition researchers, and those in the food and beverage industries. Provides a clear outline of current legislation on global ingredient taxes Demonstrates effective protocols, sensory, multivariate and physico-chemical for salt, fat and sugar reduction Outlines reduction protocols, with and without the use of replacer ingredients for salt, fat and sugar reduction Illustrates the full process chain, consumer to packaging, and the effects of reformulation by reduction of ingredients

An extraordinary and timely novel, a Walter Dean Myers Award Honor Book, examines what it's like to grow up under surveillance in America. Be careful what you say and who you say it to. Anyone might be a watcher. Naeem is a Bangladeshi teenager living in Queens who thinks he can charm his way through anything. But then mistakes catch up with him. So do the cops, who offer him an impossible choice: spy on his Muslim neighbors and report back to them on shady goings-on, or face a police record. Naeem wants to be a hero—a protector. He wants his parents to be proud of him. But as time goes on, the line between informing and entrapping blurs. Is he saving or betraying his community? Inspired by actual surveillance practices in New York City and elsewhere, Marina Budhos's extraordinary and timely novel examines what it's like to grow up with Big Brother always watching. Naeem's riveting story is as vivid and involving as today's headlines. Walter Dean Myers Award Honor Book, We Need Diverse Books Asian/Pacific American Award for Literature Honor Book YALSA Best YA Fiction for Young Adults "A fast-moving, gripping tale." —SLJ, Starred Presents a history of the interdependence of sugar, slavery,

and colonial settlement in the New World through the story of the author's ancestors, exploring the myriad connections between sugar cultivation and her family's identity, genealogy, and financial stability.

Sweet Negotiations

A Bittersweet History

Why the Age of Exploration Happened & how it Changed the World

Davina's 5 Weeks to Sugar-Free

How to Create Brand Names That Stick

Sugar, Slavery, and Plantation Agriculture in Early Barbados

**Traces the historical development of slave labor and plantation agriculture in nineteenth-century Martinique. A classic text long out of print, Slavery in the Circuit of Sugar traces the historical development of slave labor and plantation agriculture in Martinique during the period immediately preceding slave emancipation in 1848. Interpreting these events against the broader background of the world-economy, Dale W. Tomich analyzes the importance of topics such as British hegemony in the nineteenth century, related developments of the French economy, and competition from European beet sugar producers. He shows how slaves' adaptation—and resistance—to changing working conditions transformed the plantation labor regime and the very character of slavery itself. Based on archival sources in France and Martinique, Slavery in the Circuit of Sugar offers a vivid reconstruction of the complex and contradictory interrelations among the world market, the material processes of sugar production, and the social relations of slavery. In this second edition, Tomich includes a new introduction in which he offers an explicit discussion of the methodological and theoretical issues entailed in developing and extending the world-systems perspective and clarifies the importance of the approach for the study of particular histories.**

**In the health documentary That Sugar Film, writer and director Damon Gameau enlists the help of Stephen Fry, Hugh Jackman and leading scientists around the world to shine a light on the terrible effects of sugar. In a Supersize Me-style experiment, he changes his diet to include 40 teaspoons of sugar a day for 60 days - the average daily sugar intake in Australia - and monitors the effect on his body. But here is the catch - he cannot eat chocolate, sweets, ice cream or cake; the sugar must come from 'healthy' foods. In this illustrated That Sugar Book, Damon explains how sugar damages our bodies and our minds, and how easy it is to consume sugar without even knowing it. Revealing the astonishing amounts of sugar hidden in supposedly healthy foods on supermarket shelves - such as low-fat yoghurt, muesli and children's fruit snacks - Damon makes us realise the damage we unknowingly do to ourselves and our families when we make poor food choices, and shows us how to make it right. With an up-close account of Damon's sugar experiment, and sugar-free recipes to help you wean off the white stuff, That Sugar Book is a startling wake-up call to those of us who have never questioned what's really in our food.**

**Pepper was once worth its weight in gold. Onions have been used to cure everything from sore throats to foot fungus. White bread was once considered too nutritious. From hunting water buffalo to farming salmon, A Movable Feast chronicles the globalization of food**

over the past ten thousand years. This engaging history follows the path that food has taken throughout history and the ways in which humans have altered its course. Beginning with the days of hunter-gatherers and extending to the present world of genetically modified chickens, Kenneth F. Kiple details the far-reaching adventure of food. He investigates food's global impact, from the Irish potato famine to the birth of McDonald's. Combining fascinating facts with historical evidence, this is a sweeping narrative of food's place in the world. Looking closely at geographic, cultural and scientific factors, this book reveals how what we eat has transformed over the years from fuel to art.

Chronicles sugar's history, exploring lesser-known stories while revealing its role in such developments as the Industrial Revolution, World War II, and the fast-food era.

**Sugar and Slaves**

**A Novel**

**A Movable Feast**

**Sugar**

**The Sugar Barons**

**An American History of Sweeteners from Sugar to Sucralose**

*Our lust for sugar has changed the shape of the world economically culturally and socially. Sanjida O' Connell reveals, in accessible and scintillating prose, the extraordinary and illuminating story of sugar's journey from a grass to world domination.*

*From a Sibert Medalist comes the epic story of Manhattan—a magical, maddening island “for all” and a microcosm of America. A veteran nonfiction storyteller dives deep into the four-hundred-year history of Manhattan to map the island’s unexpected intersections. Focusing on the evolution of four streets and a square (Wall Street, 42nd Street, West 4th Street, 125th Street, and Union Square) Marc Aronson explores how new ideas and forms of art evolved from social blending. Centuries of conflict—among original Americans and Europeans, slavers and the enslaved, rich and poor, immigrants and native-born—produced segregation, oppression, and violence, but also new ways of speaking, singing, and being American. From the Harlem Renaissance to Hammerstein, from gay pride in the Village to political clashes at Tammany Hall, this clear-eyed pageant of the island’s joys and struggles—enhanced with photos and drawings, multimedia links to music and film, and an extensive bibliography and source notes—is, above all, a love song to Manhattan’s triumphs.*

*Having a little sister isn't always a picnic. Older sisters may feel jealous of the time taken away from them, the toys they have to share, and the attention focused on the youngest member of their family. Getting along is often a*

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day-to-day battle, but what can parents do to make this situation easier and to help children realize how special it is to have a sister? In *Spice & Little Sugar*, the delightful new children's book about sibling rivalry, authors Megan Waldrep and Melissa Nelson show big sisters the big benefits, responsibilities, and absolute joys of their role. Told in a whimsical rhyme that children will love to read aloud, *Spice & Little Sugar* first humorously relates all the ways Little Sugar gets on Spice's nerves, from grabbing her favorite toys to sticking to her like glue when Spice wants to be left alone. But gradually Spice comes to realize that Little Sugar does have her good points, including sticking up for her when she gets in trouble with their parents and saving the day with her cute face. Parents will love the warm, gentle lessons the book teaches about understanding how positives can outweigh negatives, and kids will laugh at the playful illustrations and funny story. The perfect book for siblings, *Spice & Little Sugar* can be read and enjoyed by the whole family, time and time again.

Traces the panoramic story of the sweet substance and its important role in shaping world history.

*A Story of Magic, Spice, Slavery, Freedom, and Science  
Ten Millennia of Food Globalization*

*Sugar in the Blood*

*Sugar Changed the World*

*Sensory Approaches for Nutritional Reformulation of Foods  
and Beverages*