

What Did You Eat Yesterday Volume 2

Presents recipes ranging in difficulty with the science and technology-minded cook in mind, providing the science behind cooking, the physiology of taste, and the techniques of molecular gastronomy.

In this second installment of Fumi Yoshinaga's deliciously charming slice-of-gay-life, we delve into the beginnings of Shiro and Kenji's relationship. Shiro continues to expand his culinary creativity while dealing with problematic clients and his well-meaning but misguided mother, who comes to rely on him when a health scare hits close to home.

Results from the National Research Council's (NRC) landmark study Diet and health are readily accessible to nonscientists in this friendly, easy-to-read guide. Readers will find the heart of the book in the first chapter: the Food and Nutrition Board's nine-point dietary plan to reduce the risk of diet-related chronic illness. The nine points are presented as sensible guidelines that are easy to follow on a daily basis, without complicated measuring or calculating—and without sacrificing favorite foods. Eat for Life gives practical recommendations on foods to eat and in a "how-to" section provides tips on shopping (how to read food labels), cooking (how to turn a high-fat dish into a low-fat one), and eating out (how to read a menu with nutrition in mind). The volume explains what protein, fiber, cholesterol, and fats are and what foods contain them, and tells readers how to reduce their risk of chronic disease by modifying the types of food they eat. Each chronic disease is clearly defined, with information provided on its prevalence in the United States. Written for everyone concerned about how they can influence their health by what they eat, Eat for Life offers potentially lifesaving information in an understandable and persuasive way.

Alternative Selection. Quality Paperback Book Club
A hard-working middle-aged gay couple in Tokyo experience new challenges both at work and at home. While Kenji struggles to adjust to his new position at the salon, Shiro has unexpected conversations with his parents about the future. Concerns about weight gain also lead to an overhauling of their long-established Christmas menu. In this volume, we see Shiro and Kenji themselves start to get on in years as they come to enjoy the simple joys of healthy home-cooked meals.

Alice in Wonderland

What Did You Eat Yesterday?, Volume 13

What Did You Eat Yesterday? 4

What Did You Eat Yesterday?, Volume 9

What Did You Eat Yesterday?, Volume 10

Not a home cooking semi-pro's partner for nothing, when Kenji prepares himself instant ramen in Shiro's absence, the level of dedication is rather inspiring.

Two rather long-awaited encounters unfold in this installment of Fumi Yoshinaga's heartwarming slice-of-gay-life series. After fifteen years of living together, Shiro meets Kenji's family for the first time over dinner at a high-end unagi restaurant. Meanwhile, Kenji finally gets to know Kayoko, one of Shiro's few friends, after a chance encounter at the supermarket. A rare argument breaks out, and circumstances both at work and at home continue to change for Shiro, but what remains a constant is the hearty meals the two of them share at the end of each day.

Presents the text of Alice Walker's story "Everyday Use"; contains background essays that provide insight into the story; and features a selection of critical response. Includes a chronology and an interview with the author.

From the author of No.1 international bestseller Collapse, a mesmerizing portrait of the human past that offers profound lessons for how we can live today Visionary, prize-winning author Jared Diamond changed the way we think about the rise and fall of human civilizations with his previous international bestsellers Guns, Germs and Steel and Collapse. Now he returns with another epic - and groundbreaking - journey into our rapidly receding past. In The World Until Yesterday, Diamond reveals how traditional societies around the world offer an extraordinary window onto how our ancestors lived for the majority of human history - until virtually yesterday, in evolutionary terms - and provide unique, often overlooked insights into human nature. Drawing extensively on his decades working in the jungles of Papua New Guinea, Diamond explores how tribal societies approach essential human problems, from childrearing to conflict resolution to health, and discovers we have much to learn from traditional ways of life. He uncovers remarkable findings - from the reason why modern afflictions like diabetes, obesity and Alzheimer's are virtually non-existent in tribal societies to the surprising benefits of multilingualism. Panoramic in scope and thrillingly original, The World Until Yesterday provides an enthralling first-hand picture of the human past that also suggests profound lessons for how to live well today. Jared Diamond is the Pulitzer Prize-winning author of the seminal million-copy-bestseller Guns, Germs, and Steel, which was named one of TIME's best non-fiction books of all time, and Collapse, a #1 international bestseller. A professor of geography at UCLA and noted polymath, Diamond's work has been influential in the fields of anthropology, biology, ornithology, ecology and history, among others.

What Did You Eat Yesterday?. Volume 7

Eat a Peach

What Can We Learn from Traditional Societies?

My Life Through Food

The Blue Book of Grammar and Punctuation

For Kenji's birthday Shiro gifts a trip together to Kyoto, but the lawyer's uncharacteristic spree has the easy-going hair stylist fearing the worst. Also in this volume, "brownies" enter Shiro's lexicon and repertoire.

This slice-of-life series follows the ordinary lives of a middle-aged, gay couple and the ever-changing, delicious variety of homecooked meals they share. Shiro and Kenji are now well past their youthful years, and with a stable relationship and a stable career for them both, what could possibly go wrong? But Kenji finds himself in a bind one evening after a few drinks with one of his hair salon regulars. Meanwhile, a mysterious and beautiful woman greets Shiro with a friendly smile on the street during their grocery shopping, and Shiro insists that he doesn't know her.

Young Cassie Logan endures humiliation and witnesses the racism of the KKK as they embark on a cross-burning rampage, before she fully understands the importance her family attributes to having land of their own.

A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.

A Novel

My Life, My City, My Food

Fahrenheit 451

What Did You Eat Yesterday? 7

Solfege

Alice in Wonderland (also known as Alice's Adventures in Wonderland), from 1865, is the peculiar and imaginative tale of a girl who falls down a rabbit-hole into a bizarre world of eccentric and unusual creatures. Lewis Carroll's prominent example of the genre of "literary nonsense" has endured in popularity with its clever way of playing with logic and a narrative structure that has influencing generations of fiction writing.

"Roy Choi sits at the crossroads of just about every important issue involving food in the twenty-first century. As he goes, many will follow." —Anthony Bourdain From the maverick chef the New Yorker called "The David Chang of L.A." and founder of the wildly popular Kogi taco trucks, comes a cookbook that's as inventive, creative, and border-crossing as the city to which it pays homage: Los Angeles. A patchwork megalopolis defined by its unlikely cultural collisions; the city that raised and shaped Roy Choi, the boundary-breaking chef who decided to leave behind fine dining to feed the city he loved—and, with the creation of the Korean taco, reinvented street food along the way. Abounding with both the food and the stories that gave rise to Choi's inspired cooking, L.A. Son takes us through the neighborhoods and streets most tourists never see, from the hidden casinos where gamblers slurp fragrant bowls of pho to Downtown's Jewelry District, where a ten-year-old Choi woffed down Jewish deli classics between diamond deliveries; from the kitchen of his parents' Korean restaurant and his mother's pungent kimchi to the boulevards of East L.A. and the best taquerias in the country, to, at last, the curbside view from one of his emblematic Kogi taco trucks, where people from all walks of life line up for a revolutionary meal. Filled with over 85 inspired recipes that meld the overlapping traditions and flavors of L.A.—including Korean fried chicken, tempura potato pancakes, homemade chorizo, and Kimchi and Pork Belly Stuffed Pupusas—L.A. Son embodies the sense of invention, resourcefulness, and hybrid attitude of the city from which it takes its name, as it tells the transporting, unlikely story of how a Korean American kid went from lowriding in the streets of L.A. to becoming an acclaimed chef.

From the James Tripee Award Winning author, Fumi Yoshinaga, comes a casual romance between two 40-year-old men and the many meals they share together. A hard-working middle-aged gay couple in Tokyo experience new challenges both at work and at home. While Kenji struggles to adjust to his new position at the salon, Shiro has unexpected conversations with his parents about the future. Concerns about weight gain also lead to an overhauling of their long-established Christmas menu. In this volume, we see Shiro and Kenji themselves start to get on in years as they come to enjoy the simple joys of healthy home-cooked meals.

When Azuma Tanaka, an ex-student, asks Kugayama, a gifted music teacher, for help in studying for a prestigious music school's entrance exam, Kugayama finds himself drawn to the budding youth, invoking a desire that he's never known before.

What Did You Eat Yesterday? 15

Not Love But Delicious Foods

L.A. Son

What Did You Eat Yesterday?, Volume 5

Descending Stories

From the James Tripee Award Winning author, Fumi Yoshinaga, comes a casual romance between two 40-year-old men and the many meals they share together. Shino and Shuhei deal with busybodies worried about their health. Tabuchi figures out how make his latest girlfriend try new things in the kitchen. Shiro and Kenji meet up with Kohinata and Wataru to ring in the new year, but as the quartet of friends get older they learn to be more practical in their celebrations. And Kenji's boss makes a surprising decision for the future of the salon.

There is a Japanese saying that goes, "Hana yori dango," or "dumplings over flowers." And no one is more of an advocate of this adage than mangaka Y-naga, a woman whose life revolves around her intense work and equally intense sleep schedule. The only thing that can rouse her out of this infernal cycle of deadlines and being dead to the world? Food. As Y-naga and her friends visit restaurants around Tokyo to satisfy their appetites, their individual approaches to food add an extra dimension to their witty and comical interactions. Friendships are explored and lifestyle choices revealed, all over exquisite culinary creations that prove that variety on an empty and open-minded stomach is, indeed, the spice of life. Acclaimed mangaka and Eisner Award nominee Fumi Yoshinaga (Antique Bakery, Ooku) brings a quirky cast of characters and a delectable assortment of actual Tokyo restaurants to life in this homage to two of the greatest things life has to offer: friendship and food!

As his clients get on years, Kenji starts offering house call haircuts, which leads to the most emotional moment of Kenji's career as a stylist. Shino asks for someone to split the burden of clerical work at the office and the firm ends up with a very perceptive new employee. And Kohinata calls Shiro in a panic asking for help with Gilbert, and ultimately makes Shiro a very intriguing offer.

In this volume of discovery and acceptance, we learn that happiness depends on small constant pleasures (meals first and foremost)—and that the reason Kenji fell for Shiro has to do with an '80s manga. As the couple's relationship deepens, author Yoshinaga takes the slice-of-life genre to unique heights.

What Did You Eat Yesterday?, Volume 8

A Memoir

What Did You Eat Yesterday? Volume 4

What Did You Eat Yesterday?, Volume 18

What Did You Eat Yesterday?, Volume 11

Accomplished home chef though he might be, Shiro proceeds on the assumption that no two of his curries will ever taste the same.

NEW YORK TIMES BESTSELLER • From the chef behind Momofuku and star of Netflix's Ugly Delicious—an intimate account of the making of a chef, the story of the modern restaurant world that he helped shape, and how he discovered that success can be much harder to understand than failure. **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR** • *Fortune* • *Parade* • The New York Public Library • *Garden & Gun* In 2004, Momofuku Noodle Bar opened in a tiny, stark space in Manhattan's East Village. Its young chef-owner, David Chang, worked the line, serving ramen and pork buns to a mix of fellow restaurant cooks and confused diners whose idea of ramen was instant noodles in Styrofoam cups. It would have been impossible to know it at the time—and certainly Chang would have bet against himself—but he, who had failed at almost every endeavor in his life, was about to become one of the most influential chefs of his generation, driven by the question, "What if the underpraised could become the mainstream?" Chang grew up the youngest son of a deeply religious Korean American family in Virginia. Graduating college aimless and depressed, he fled the States for Japan, hoping to find some sense of belonging. While teaching English in a backwater town, he experienced the highs of his first full-blown manic episode, and began to think that the cooking and sharing of food could give him both purpose and agency in his life. Full of grace, candor, grit, and humor, *Eat a Peach* chronicles Chang's switcback path. He lays bare his mistakes and wonders about his extraordinary luck as he recounts the improbable series of events that led him to the top of his profession. He wrestles with his lifelong feelings of otherness and inadequacy, explores the mental illness that almost killed him, and finds hope in the shared value of deliciousness. Along the way, Chang gives us a penetrating look at restaurant life, in which he balances his deep love for the kitchen with unflinching honesty about the industry's history of brutishness and its uncertain future.

In this volume, the intrepid lawyer/gourmand Shiro deals with the closing of his beloved local supermarket, his ageing parents (and growing older himself), dodges lawyerly politics, and reveals a shocking secret to Kenji about why their apartment is so cheap to rent. Shiro continues to showcase an array of inventive yet simple-to-make dishes, and his cooking buddy Kayoko comes up with tasty recipes to cook up Mr. Kohinata's food after his fridge breaks down. The recipes include celebratory year-end-only dishes as Shiro rings in the New Year at home, with Kenji, for the first time.

"From award-winning actor and food obsessive Stanley Tucci comes an intimate and charming memoir of life in and out of the kitchen!"--

Everyday Use

What Did You Eat Yesterday?, Volume 16

What Did You Eat Yesterday?, Volume 6

What Did You Eat Yesterday? 3

Roll of Thunder, Hear My Cry

From the James Tripee Award Winning author, Fumi Yoshinaga, comes a casual romance between two 40-year-old men and the many meals they share together. Gilbert invites himself over for a hot-pot made with common-folk ingredients, and Shiro wonders if things will be weird with Kohinata. Kenji tries to put off entering his 50's for as long as possible, until Shiro reframes the idea of birthday celebrations, just as an old college classmate of Shiro's passes away. Changes are afoot at both Kenji's salon and Shiro's law firm...but the one constant is that there is always good food and great company to be enjoyed.

From award-winning author Fumi Yoshinaga comes a casual romance between two middle-aged men and the many meals they share together. A hard-working middle-aged gay couple in Tokyo come to enjoy the finer moments of life through food. After long days at work, either in the law firm or the hair salon, Shiro and Kenji will always have down time together by the dinner table, where they can discuss their troubles, hash out their feelings and enjoy delicately prepared home cooked meals!

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The bestselling workbook and grammar guide, revised and updated! Hailed as one of the best books around for teaching grammar, The Blue Book of Grammar and Punctuation includes easy-to-understand rules, abundant examples, dozens of reproducible quizzes, and pre- and post-tests to help teach grammar to middle and high schoolers, college students, ESL students, homeschooled, and more. This concise, entertaining workbook makes learning English grammar and usage simple and fun. This updated 12th edition reflects the latest updates to English usage and grammar, and includes answers to all reproducible quizzes to facilitate self-assessment and learning. Clear and concise, with easy-to-follow explanations, offering "just the facts" on English grammar, punctuation, and usage

Fully updated to reflect the latest rules, along with even more quizzes and pre- and post-tests to help teach grammar Ideal for students from seventh grade through adulthood in the US and abroad For anyone who wants to understand the major rules and subtle guidelines of English grammar and usage, The Blue Book of Grammar and Punctuation offers comprehensive, straightforward instruction.

The Book Thief

Taste

What Did You Eat Yesterday?, Volume 2

What Did You Eat Yesterday?, Volume 3

What Did You Eat Yesterday? 17

Madam surprises Shiro with a gift that he quickly puts to good use. Shino asks Shiro for advice on how to keep her new husband fit and healthy. Kayoko invites Shiro to a cherry blossom picnic, at which Shiro is rescued from romantic disaster. Kenji gets a spiffy new suit for his birthday, and the couple considers the implications of a new same-sex partnership certificate law in Shibuya...

A NEW ERA Time, which had stopped for Kikuhiko and Sukeroku, begins to move again at last. Sukeroku retakes his place on stage, and the warmth of the audience's love reminds him of what it means to be a storyteller. The stage is set for his triumphant return to Tokyo with Kikuhiko, and there, together, they can build the future of rakugo they've been dreaming of. But before they can, a ghost from both Kikuhiko and Sukeroku's past returns, threatening to drag them both under...The story of Kikuhiko, Sukeroku, and Miyokichi reaches its final act!

Shino gets engaged to someone unexpected, Shiro's cooking buddy Kayoko contends with her growing family, and Shiro confronts new challenges as his parents get on in years—and the common thread in each family unit is cooking that comes from the heart. Shiro gets a surprising offer at work, and Kenji comes home with a surprise of his own...

Shiro turns down an offer to become a celebrity and Kenji's culinary adventures are reprised in a manga about a gay couple for mature-in the true sense—readers.

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

What Did You Eat Yesterday?, Volume 1

Tales of a Fourth Grade Nothing

The Food and Nutrition Board's Guide to Reducing Your Risk of Chronic Disease

Eat for Life

Shiro finally introduces Kenji to his parents, and when a major case forced him to work long hours, he fails to come home for dinner for days on end.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with you • you get drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our work lives."—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living meager existence for herself by stealing when she encounters something she can't resist-books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *The Book Thief*.

Living with his little brother, Fudge, makes Peter feel like a fourth grade nothing. Fudge is never far from trouble. He's a two-year-old terror who gets away with everything--and Peter's had enough. When Fudge walks off with Dribble, Peter's pet turtle, it's the last straw.

Cooking for Geeks

What Did You Eat Yesterday?, Volume 15

Real Science, Great Hacks, and Good Food

The World Until Yesterday

What Did You Eat Yesterday?, Volume 12